



# BAKE SALE

SATURDAY, FEBRUARY 11

9 A.M. - 2 P.M.

MONDAY, FEBRUARY 13

4 P.M. - 8 P.M.



## NORWALK YMCA LOBBY

HELP SUPPORT SPINODYSSEY AND TEAM NORWALK YMCA!

BUY SOMETHING SWEET FOR YOUR VALENTINE

OR CONTRIBUTE DIRECTLY ON-LINE AT

[HTTP://WWW.ACTIVE.COM/DONATE/SPINODYSSEY2012/NORWALKYMCA](http://www.active.com/donate/spinodyssey2012/norwalkymca)



**YMCA of NORWALK**

**370 West Avenue**

**Norwalk, CT 06850**

**(203) 866-4425**

SPINODYSSEY IS A VOLUNTEER-RUN FITNESS EVENT THAT RAISES FUNDS FOR THE AMERICAN CANCER SOCIETY AND THE WHITTINGHAM CANCER CENTER AT NORWALK HOSPITAL. SPINODYSSEY HAS RAISED \$3 MILLION OVER THE LAST TWELVE YEARS. [WWW.SPINODYSSEY.ORG](http://www.spinodyssey.org)

TEAM NORWALK YMCA IS COMPRISED OF ABOUT 20 MEMBERS, SPINNING ENTHUSIASTS, AND INSTRUCTORS FROM THE NORWALK YMCA. WE THANK YOU FOR YOUR SUPPORT!

(PLEASE TELL THE FRONT DESK IF YOU WISH TO CONTRIBUTE BAKED ITEMS FOR THE BAKE SALE. WE WELCOME ALL CONTRIBUTIONS!)